



# Chosen Hill School

## Learning Tip: Sleep and Learning

Sleep can help learning and memory in two distinct ways. First, a sleep-deprived person cannot focus their attention and therefore cannot learn efficiently. Second, sleep itself has a role in the consolidation of memory, which is essential for learning new information.

Encourage your child to go to bed at a sensible time and to avoid screen-time. Sleep should be a priority and is as important as diet and exercise.

## Parent Newsletter 5/11/2021

Thank you for your support and vigilance with the twice weekly testing. The first week back after a holiday can sometimes feel like a long one, particularly following the hour change and the earlier sun set. I am however, really looking forward to the coming weeks and the impact and opportunity that disruption free learning will bring, the focus and anticipation of Y11 sitting mock exams and the sense of community across the school through Remembrance and Christmas preparations. Thank you in advance for your commitment, care and support to make this a successful term.

## Miss James: Book of celebration

We would like to create a book of celebration to capture the positive comments and fond memories that staff and students have for Miss James. If any student would like to add a note or memory to the book of celebration please pick up a card for their contribution from Reception from Monday 8th November. When you have completed your card please return it to reception by 12/11/2021 and it will be added to the book which we will share with Miss James' family.

## Disruption Free Learning

As part of our commitment to ensuring that every student has the opportunity to learn in a disruption free classroom all students in Y7-10 have received a presentation this week, clarifying expectations for every lesson.

Over the last term we have identified the negative effect on learning from 'low-level' disruption and want to address this so that all students understand and demonstrate good learning behaviours at all times. In order to explain what disruption free learning will look like and how it will be implemented please click on this short video.

We will be starting this from Tuesday 16th November.





## Family First Newsletter

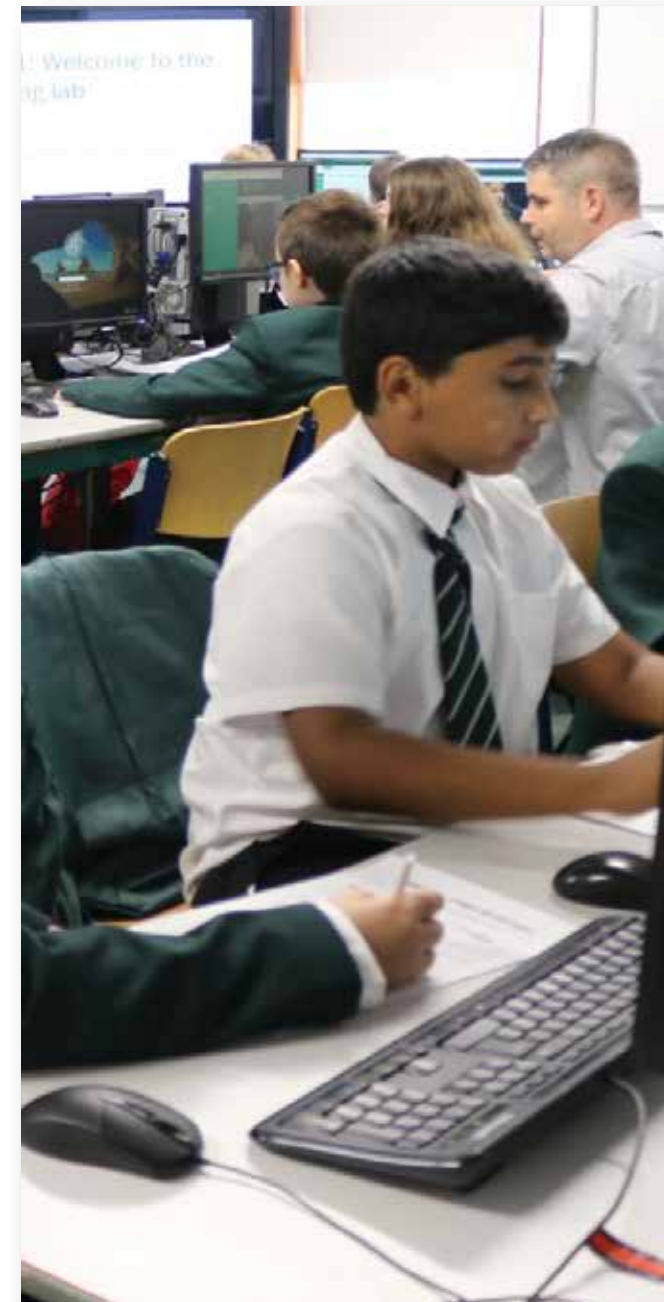
### Family First Newsletter

We are sharing with you the first Families In Partnership newsletter which has been coproduced by Gloucestershire Parent Carer Forum and teams within Health, Education and Care.

The newsletter aims to bring you news and updates on these services and how you can become involved or feedback on the work that is being done.

## U13 Rugby

Congratulations to the Y8 students representing Chosen Hill FP RFC at the County cup last weekend. The hard work and commitment to each other resulted in an impressive tournament win! Good luck for the rest of the season.



## Parking plea for pick up after school

Brookfield Road can be very busy after school, with a large number of cars and vans waiting to pick up children. Please can you ensure that if you are waiting then you do so in a place that is safe and does not obstruct turnings, driveways or pedestrians.

Thank you for your support in parking responsibly. Reminder: there is parking at the rugby club.

## Thursday 11 November 2021 - Armistice Day

We are looking forward to commemorating Armistice Day on Thursday next week.

## Covid Protocols

Thank you for your support in keeping to the enhanced Covid protocols (including face mask wearing) and in your understanding about the limiting of the extra-curricular programme at the school.

## Covid Vaccination

The NHS attended school on Thursday to vaccinate pupils with the COVID vaccine. There were a number of parents who had consented but whose children's names were not on the list provided by the NHS, including those in year 7 and 8 who missed the vaccination last time.

Unfortunately only Year 9-11 were included on the list of names this time and they were only able to vaccinate those pupils whose names were on the list whether consent had been given or not.

As a school we are not able to influence the list in anyway as the number of vaccines and consents is controlled by the NHS. We do not know why pupils were not included on the list but parents had given consent, however it may be due to having a positive test in the last 28 days or for other health reasons identified on the consent form.

Pupils are able to go to walk in clinics to receive the vaccine or go to their GP's. We are not sure if there will another

opportunity in school to have the vaccine but will let you know if this is possible. We are sorry if you gave consent but your child was not on the list, but this was not within our control to change. Please ring or email the NHS directly if you have any further queries about why your child wasn't vaccinated if you gave consent.

Telephone 0300 421 7063,

Email [GHCCovidMassVaccine@ghc.nhs.uk](mailto:GHCCovidMassVaccine@ghc.nhs.uk)

