



Chosen Hill School

Learning Tip

Sleep and Learning

Sleep can help learning and memory in two distinct ways. Firstly, a sleep-deprived person cannot focus their attention and therefore cannot learn efficiently. Secondly, sleep itself has a role in the consolidation of memory, which is essential for learning new information.

Encourage your child to go to bed at a sensible time and to avoid screen-time. Sleep should be a priority and is as important as diet and exercise.

Parent Bulletin - Friday 14th January 2022

Thank you for your patience and adaptability in ensuring that your child gets to school on time. I have spent some time this week checking in with students and am pleased to say that the disruption to travel has not had a significant impact on punctuality. The after school pick up continues to be very busy and I am grateful for the consideration and care shown by parents and carers in supporting a safe exit from school. We have been in contact with Stagecoach to push back the departure time for the Cheltenham bus to allow enough time for students get to the stop – we will let you know when we hear back from them.

For some students the post-Christmas term can feel particularly challenging. We are working hard to keep motivation and standards high. I am pleased to share that we have successfully appointed two new Assistant Head of Key Stage positions this week who will help add capacity to the pastoral teams and be an additional presence around school during social times. Sports fixtures have restarted again this week and it has been fantastic to see so many students representing the school. Year 13 Mock exams start next week - good luck to all involved, study hard and be confident!

Thank you

Matt Pauling
Headteacher



Year 9 Parents' Evening

SchoolCloud, the online Parents' Evening booker will close for appointments on Wednesday 19th January 2022 at 13:00. Initially appointments were limited to 5 per student to ensure that all parents/carers have equal access, this limit has now been removed. Please log on to secure any additional appointments.

<https://chosenhill.schoolcloud.co.uk/>

Year 9 Options Evening

Thank you to the Y9 parents for your swift reply to the information sent out earlier this week – we will be running a hybrid event for Y9 Options so that those parents/students that do not wish to come into school will have the information to make their decision. Alongside the Parents' evening, where there will be an opportunity to discuss choices with subject teachers, a recording of the presentation including information about the options process will be sent out in advance of 2nd February. For those that do wish to come into school on 2nd February, subject teachers and members of SLT (located around school) will be available to discuss courses and support option choices.

4pm Club



4pm Club will be running Tuesday, Wednesday and Thursday from next week. The late bus will not yet be running.



World Challenge News



**HOT CHOCOLATE with
MARSHMALLOWS!**

Warm yourself with a rich creamy decadent drink, just the thing for a freezing winter day!

On sale in L12 at breaktime on Tuesday 18th January to Thursday 20th January inc.

Please bring £1 (cash only). All proceeds go to World Challenge

Year 13 Revision Cafe



For Year 13 Mocks there is a revision cafe running in the mornings with coffee, hot chocolate and porridge, available daily from 7:20am in the Sixth Form Study areas.

Celebrating Success!



Congratulations to Mr Hemming, our Medical Officer, who has received a Service Medal from St. John Ambulance for his time working with them.



Mr Hemming joined St. John Cadets as an 8 year old and has been with them ever since, clocking up an amazing 28 years of service to the medical profession.



Congratulations also go to former student Jane Taylor who has been selected to play netball in the English Universities Sport (EUS) national squad for the 2021-2022 academic year.

Jane graduated from the University of Gloucestershire in the Summer of 2021 achieving an award of Bachelor of Science with First Class Honours in Sports and Exercise Sciences. She is now studying MSc Sports Therapy at the University, plays for the University's first team in BUCS League, as well as Vitality Netball Super-league franchise Severn Stars and Premier League One side Hucclecote.

We are so proud of Jane's success and wish her all the best in her future endeavours.



Sharing Brilliance

We always love to hear about our current students' or former students' achievements out of school.

If you would like to share any achievement news with us please email, along with any photographs that you would like adding, to:

publicity@chosen-hill.gloucs.sch.uk

Brilliance

Sporting News

We have started our 'Performance Netball Programme' this week. Girls in Years 7 to 9 were put in either the Development Pathway or the Performance Pathway, and are being offered three training sessions a week:

- A skill session
- A strength and condition session
- A game play session

An excellent start has been made by all our netballers

This weeks' Tournament

A great week of football as our students participated in the Tournament at Tewkesbury School.

Well done to all involved!



Year 8 Team



Year 9 Team



Year 10 Team



Year 11 Team

Year 9 Rugby

The Year 9 rugby team played against Wydean School in their EDF cup game. A thoroughly enjoyable game.



PE Clubs and Fixtures Next Week

Girls

Monday (lunchtime)	Year 9 Hockey
Tuesday (after school)	Year 7 Netball
	Year 8 and 9 Football
	Year 8 Football Match at Balcarras
Wednesday (after school)	Year 8 and 9 Netball
	Year 7 Football
	Year 7 and 8 Cheerleading
Thursday (lunchtime)	Year 7 Hockey

Boys

Tuesday (lunchtime)	Year 9 Basketball
Tuesday (after school)	Year 8, 9 and 10 Football Training
Wednesday (lunchtime)	Year 11 Basketball
	Year 7 Football Training